



# High School Course Catalogue 2022-2023

**Important Notes:**

Graduation requirements listed indicate credits required for high school graduation.

Grade levels listed are recommended based on the level of content.

Dual Credit Courses are approved/re-approved each year through the university partners. We cannot guarantee that a course will be approved for dual credit until we receive confirmation in the fall from our university partners. Therefore, courses we hope to offer as dual credit are listed as “possible dual credit” for this reason.

**SCS Graduation requirements:**

<i>Department</i>	<i>Minimum Credits for Graduation</i>	<i>College Prep Ideals</i>	<i>Details</i>
<i>Bible</i>	<i>4.0</i>	<i>4.0</i>	<i>1 credit each year enrolled at SCS</i>
<i>Language Arts</i>	<i>4.0</i>	<i>4.0</i>	<i>1 credit each year of high school</i>
<i>Social Studies</i>	<i>3.0</i>	<i>3.0 - 4.0</i>	<i>1 credit of US History, 1 credit of Civics/Contemporary World Problems, and 1 credit of Social Studies Elective</i>
<i>Math</i>	<i>3.0</i>	<i>4.0</i>	
<i>Science</i>	<i>3.0</i>	<i>4.0</i>	<i>2 credits must be lab science</i>
<i>World Languages</i>	<i>2.0</i>	<i>2.0 – 4.0</i>	<i>Must be the same World Language</i>
<i>Fine Arts</i>	<i>2.0</i>	<i>2.0</i>	
<i>Fitness &amp; Health</i>	<i>2.0</i>	<i>2.0</i>	<i>0.5 credit must be Health</i>
<i>Career &amp; Technical Education (CTE)</i>	<i>1.0</i>	<i>1.0</i>	
<i>Washington State History</i>	<i>--</i>	<i>--</i>	<i>Completed in grades 7-12</i>

Note: 0.5 credit earned for each semester of a course. 26 credits are required for graduation.

# **BIBLE DEPARTMENT**

## **Departmental Vision**

*We want our students to develop a deep understanding and love for God's word. Students will learn how to study scripture and how to apply the truths of scripture to their lives, so that they may grow in their faith and impact their world for Christ.*

## **Graduation Requirements**

Four credits of Bible are required for graduation. Students who enroll after ninth grade must earn one SCS Bible credit from the required course list for each year (or portion of a year) of attendance.

<b>9<sup>th</sup></b>	<b>10<sup>th</sup></b>	<b>11<sup>th</sup></b>	<b>12<sup>th</sup></b>
Life of Christ*	<i>Students take four semester courses over the course of two years, which may include:</i> Apologetics (11 <sup>th</sup> grade only), Biblical Archaeology, Case for Christ, Intro to Christian Doctrine, NT Survey, OT Patriarchs, OT Kingdom, Theology & Film		Theology and Ethics*  Apologetics (as a general elective)

\*Required Course

### **Life of Christ/Life of a Christian (Grade 9)**

The Life of Christ & Life of a Christian: This year-long course introduces the student to the historical Jesus by studying the person and teaching of Christ as put forth in the four gospels. In this class, the student will learn what Jesus had to say about a variety of issues, learn when key events occurred in the life of Christ and how His teaching has changed the course of world history. The goal of this class is for the student to come to a point of true belief about the person and work of Christ.

### **Biblical Archeology (Grades 10-11, semester)**

This course looks at physical evidence all over the world supporting Scripture that has been uncovered by Archeology. Students will learn to defend their faith by seeing evidence that the Bible records real people doing real events in real historical time.

### **Case for Christ (Grades 10-11, semester)**

This course follows the book by the same name authored by Lee Strobel. Students will learn to defend their faith through the study of the reliability of Scripture, the historical Jesus, and the reality of the Resurrection.

### **Introduction to Christian Doctrine (Grades 10-11, semester)**

In this course, students will study the core doctrines of the Christian faith through the use of the New City Catechism (NCC). In a question and answer format, the NCC teaches the Apostle's Creed, the Ten Commandments, the Lord's Prayer, along with the basics of the Bible.

**New Testament Survey** (Grades 10-11, semester)

This course examines the background and surveys the content of each New Testament book. Students will grasp the truths of the Gospel illustrated by Christ and taught by the early church throughout the New Testament writings.

**Old Testament – Patriarchs** (Grades 10-11, semester)

This course will guide students book by book through the first part of the Old Testament from a chronological, historical point of view. The focus will be on the Patriarchal time period up to the formation of the Kingdom of Israel. Students will gain an understanding of the flow of the Old Testament and the foundations laid for the New Testament and the coming Messiah.

**Old Testament – Kingdoms** (Grades 10-11, semester)

This course will guide students book by book through the last part of the Old Testament from a chronological, historical point of view. The focus will be on the Kingdom period through the Restoration. Students will gain an understanding of the flow of the Old Testament and the foundations laid for the New Testament and the coming Messiah.

**Theology & Film** (Grades 10-11, semester)

Students will watch a variety of films, some from popular culture and some more obscure, and they will analyze the portrayal of Christian theology. The goal of the class is to develop a discerning eye and to identify Biblical teaching and themes in media.

**Apologetics** (Grades 11-12, semester)

*Prerequisite:* GPA of 3.0 or higher

*Possible Dual Credit offered.*

This course is an introduction to apologetics in which we will focus on the mandate presented in 1 Peter 3:15. “But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.” This will be achieved by studying the defense of Christ through the lenses of common objections and contemporary challenges to the truth of Christianity. Trusting in the full sufficiency of scripture we will seek to develop these answers with thorough investigation of God’s word. Readings, discussions, journal reflections and guest speakers will accompany scripture and help us to develop sound personal apologetic responses.

**Theology and Ethics** (Grade 12)

In this course students will be challenged to wrestle with what they believe about life, truth, virtue, humanity, and culture through the use of questions. One of the primary tools Jesus used to teach, engage, encourage, challenge, and disciple the people he encountered was through the use of questions. A rightly worded question can open our eyes to seeing the world, ourselves, and even God in ways we often don’t see and cause us to think more critically about truly loving God and loving those we encounter on a daily basis.

# LANGUAGE ARTS DEPARTMENT

## Departmental Vision

*Our students read, write, think, and communicate using language. Studying language arts allows them to understand and use language in a God-honoring way, demonstrating wisdom, discernment, and thoughtfulness. God is a relational God who communicates with his creation through language. All uses of language—reading, writing, listening, and speaking—are gifts that we can use to glorify God and carry the responsibility to communicate truth. We examine literature from the perspective of what we can learn about God, others, and ourselves from what we read, write, and say.*

## **Graduation Requirements**

Four credits of Language Arts are required for graduation with a minimum of one full-year English course each year.

9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
LA 9*	World Literature*	American Literature <i>or</i> AP English Language & Comp *	English Literature <i>or</i> AP English Lit & Comp*
Creative Writing**	Creative Writing**	Creative Writing**	Creative Writing**
Public Speaking**	Public Speaking**	Public Speaking**	Public Speaking**

\*Required Course

\*\*Available as an elective course

## **Language Arts 9 (Grade 9)**

Students will continue to hone their reading and writing skills, building on their middle school foundation of grammar, vocabulary, writing, reading, and speaking. Units in this course are designed around the theme, “Coming of Age,” and students will explore their own journeys and coming of age stories as they complete each unit.

## **Language Arts 10: World Literature (Grade 10)**

In this course, students will develop the critical skills of articulate self-expression and adept writing. Students will read and analyze a variety of works of World Literature. They will discuss themes, characters, and ideas from these works as they make connections between the works and the world around them.

## **Language Arts 11: American Literature (Grade 11)**

This course is designed to analyze in depth the development of American literature as well as its reflection of Christian influence from the days of settlement to the postmodern age of technology. Students will focus on literary analysis and rhetorical skills as they develop their reading and writing skills.

### **AP English Language & Composition (Grade 11)**

*Prerequisite:* AP Application required

This course cultivates the reading and writing skills that students need for college success and for intellectually responsible civic engagement. The course guides students in becoming curious, critical, and responsive readers of diverse texts, and becoming flexible, reflective writers of texts addressed to diverse audiences for diverse purposes.

*Additional summer reading and coursework required.*

*AP Exam Registration Cost: \$100.*

### **Language Arts 12: English Literature (Grade 12)**

*Possible Dual Credit offered.*

The goal of this course is to expand students' understanding of world perspectives through great English literature, while giving them material and tools to shape their own perspectives and prepare to be successful in real-world and college-level writing. As students' knowledge of literature and writing increases, they will be challenged to a deeper understanding of themselves, their passions, and their place in the world.

*Additional summer reading and coursework required.*

### **AP English Literature & Composition (Grade 12)**

*Prerequisite:* AP Application required

*Possible Dual Credit offered.*

This course is designed to help students develop their analytical reading and writing skills in preparation for the Advanced Placement English Literature and Composition Exam. Students will complete a rigorous program, studying classic literary works and completing in-depth written compositions. They will acquire and develop high-level analytical and critical thinking skills in the language arts.

*Additional summer reading and coursework required.*

*AP Exam Registration Cost: \$100*

### **Creative Writing (Grades 9-12, semester)**

This course is designed for students to create original forms of writing in numerous genres (short story, poetry, drama, fiction, non-fiction, music, etc.). Multiple techniques are explored to help students create writing for both artistic and personal expressions. The 0.5 credit will be counted towards a student's Elective requirement; Creative Writing cannot replace a core English credit.

### **Public Speaking (Grades 9-12, semester)**

This course is a semester course in speech and communication skills. Emphasizing active engagement and performance skills, the course is designed to help the student develop a healthy attitude toward public speaking and to aid in the communication of thoughts and feelings. Activities may include speech preparation and writing techniques, research methods and strategies, listening exercises, interpersonal and small group communication activities and projects, improvisational games, and delivery drills designed to build confidence, poise, and self-esteem, as well as several graded speeches. The 0.5 credit will be counted towards a student's Elective requirement; Public Speaking cannot replace a core English credit.

# SOCIAL STUDIES DEPARTMENT

## Departmental Vision

*Throughout history, God has demonstrated His deep love for people. He intervenes in their lives, revealing Himself to people and to calling them to a personal relationship with Him. Our students study history, geography, and culture to gain a better understanding of how God orchestrates times, places, and people to reveal His power and love.*

## **Graduation Requirements**

Three credits of Social Studies are required for graduation including a full year of US History in 11<sup>th</sup> grade and a full year of Civics and Contemporary World Problems in 12<sup>th</sup> grade. Completion of Washington State History is required.

9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
World History (if interested in AP World)	World History or AP World History	US History <i>or</i> AP US History*	Civics/CWP*
		Sociology	Sociology
		Psychology	Psychology

\*Required Course

## **World History** (Grades 9 or 10)

This course will examine the birth and development of the modern world from 1450 to the present. Students will analyze the historical development of events, people, places, and themes in periods such as The Renaissance, The Reformation, The Industrial Revolution and the 20<sup>th</sup> Century. They will use the same skills, practices, and methods employed by historians: analyzing primary and secondary sources; developing historical arguments; making historical comparisons; and utilizing reasoning regarding contextualization, causation, cultural diffusion, and continuity and change over time. The class will investigate the rise of major world powers, and the issues and events that have led to globalization.

## **AP World History: Modern** (Grade 10)

*Prerequisite:* AP Application required, starting Fall 2023 World History will be a prerequisite

AP World History: Modern is an introductory college-level modern world history course. Students cultivate their understanding of world history from c. 1200 CE to the present through analyzing historical sources and learning to make connections and craft historical arguments as they explore concepts like humans and the environment, cultural developments and interactions, governance, economic systems, social interactions and organization, and technology and innovation.

*Additional summer reading and coursework required.*

*AP Exam Registration Cost: \$100*

## **U.S. History** (Grade 11)

Students will examine the events, ideas, people, culture, and historical themes of post-Civil-War America. U.S. History or AP U.S. History is required for graduation.

**AP U.S. History (Grade 11)**

*Prerequisite:* AP Application required

Advanced Placement United States History is a very challenging course that is the equivalent of a freshman college course and can earn student's college credit. It is a full year survey of American history from the migration of Native Americans across the Beringia to the present time. Solid reading and writing skills, along with a willingness to devote considerable time to homework and study, are necessary to succeed. Emphasis is placed on critical and analytical thinking skills, essay writing, and on interpretation of primary and secondary sources. U.S. History or AP U.S. History is required for graduation. *Additional summer reading and coursework required.*

*AP Exam Registration Cost: \$100*

**Civics/Contemporary World Problems (Grade 12)**

*Possible Dual Credit offered.*

The role of the citizen and the workings of the government are the themed for the first semester (Civics). The second semester will focus on contemporary world problems (CWP), with an emphasis on awareness and intellectual discourse. Civics/CWP is required for graduation.

**Psychology (Grades 11-12, semester)**

*Possible Dual Credit offered.*

In this course, students will study the science of mind and behavior, and the major contributors to these theories. The course will focus primarily on Developmental Psychology.

**Sociology (Grades 11-12, semester)**

Sociology is the study of social life, social change, and the social causes and consequences of human behavior" (ASA 2013). This course researches the development, structure, and functioning of human society, incorporating the study of social problems formed within a Christian world-view. Students will understand that sociology is a social science, and through inquiry and methodology, learn how society functions and influences behavior. Students will develop a sociological imagination to study topics such as culture, education, religion, poverty, social relationships, and more.

# **WORLD LANGUAGES**

## **Departmental Vision**

*All of creation was made to serve and glorify God. Our students study the languages and cultures of people around the world, opening their eyes to the beauty and diversity of God's people. An understanding of language and culture also helps our students to think globally and take the gospel to all nations.*

## **Graduation Requirements**

Two credits of World Language are required for graduation. They must be two full years of the same language. We recommend taking these two years consecutively.

### **Spanish 1** (Grades 9-12)

Students will develop communication skills in Spanish as they learn about Hispanic language and culture. All Spanish courses are taught in Spanish and students will listen, read, write, and speak in Spanish as they focus on present tense and basic vocabulary.

### **Spanish 2** (Grades 10-12)

*Prerequisite:* Spanish 1

Students will build on skills learned in Spanish 1 as they learn to communicate more effectively in Spanish and to better understand Spanish speakers. All Spanish courses are taught in Spanish and students will listen, read, write, and speak in Spanish. Students review present tense and learn past, future and conditional tenses.

### **Spanish 3** (Grades 11-12)

*Prerequisite:* Spanish 2

*Possible Dual Credit offered.*

Students will continue to improve in their ability to communicate using the Spanish language as they study the history and culture of Spanish speaking countries and Hispanic literature. This Spanish course follows a language immersion philosophy, and students will listen, read, write, and speak only in Spanish. Students will review previously learned grammar and focus on the present and past subjective forms.

### **AP Spanish** (Grades 11-12)

*Prerequisite:* AP Application required, Spanish 3

*Possible Dual Credit offered.*

Students will become confident and fluent in their ability to speak, read, and write Spanish. They will complete an in-depth study of the Spanish speaking world while reviewing and reinforcing all grammar tenses in preparation for the AP Spanish test. This Spanish course follows a language immersion philosophy, and students will listen, read, write, and speak only in Spanish.

*Additional summer reading and coursework required.*

*AP Exam Registration Cost: \$100*

# **MATH DEPARTMENT**

## **Departmental Vision**

*God created a universe with order and reason. As our student's study math, they learn that there is order and intentionality in their world. They develop their understanding of how to use numbers and systems to unveil the world God made.*

## **Graduation Requirements**

Three credits of Math are required for High School Graduation.

- *Transcripts, teacher recommendations and readiness assessment scores will be used to place students at the appropriate level. For continued placement at any level, students must demonstrate the appropriate level of competency, work ethic, and participation in learning. If at any time a teacher observes that the student is not performing up to expectations, the student can be placed in a lower level of math or be expected to do summer work to build skills necessary for the next level of math.*

Our high school math courses align with Common Core State Standards.

### **Algebra 1 (Grade 9)**

Algebra 1 is a high-school-level course which helps students prepare for college. In Algebra 1 the student will solve linear equations, inequalities, and proportions. He or she will analyze graphs and functions, systems of equations and inequalities, and exponents and exponential functions. Further study includes polynomials and factoring, quadratic equations and functions, and both radical and rational expressions and functions. If this course is taken in 8<sup>th</sup> grade it can be listed for high school credit.

*Required Equipment:* TI-30 or above calculator

### **Geometry (Grades 9-11)**

*Prerequisite:* Algebra 1

Geometry is a two-semester course dealing with geometric objects. The course deals with logic and the ability to use properties in drawing logical conclusions based on geometric objects.

*Required Equipment:* TI-30 or above calculator

### **Algebra 2 (Grades 10-12)**

*Prerequisite:* Geometry

Students will study advanced algebraic concepts and trigonometric functions. They will also develop mathematical skills and thought processes that will be needed for their future.

*Required Equipment:* TI-84 Plus CE calculator

### **Math Analysis (Grades 10-12)**

*Prerequisite:* C or above in Algebra 2

*Possible Dual Credit offered.*

In this course you will study functions and graphs. You will develop and extend your knowledge of polynomials, exponential functions, logistic and logarithmic functions, and trigonometric functions. We will explore analytic trigonometry, systems and matrices, and sequences and series.

*Required Equipment:* TI-84 Plus CE calculator

**Statistics** (Grades 11-12)

*Prerequisite:* C or above in Algebra 2

*Possible Dual Credit offered.*

Statistics deals with techniques and skills needed to make informed decisions. The course combines step-by-step instruction, real-life examples and exercises, carefully developed features, and technology to make statistics accessible to all.

*Required Equipment:* TI-84 Plus CE calculator

**AP Calculus** (Grades 11-12)

*Prerequisite:* AP Application required, Math Analysis

Advanced calculus is a college – level course. Depending on the college the student attends, this course could replace two quarters of college level work. Students will study limits and continuity, differential and integral calculus, and differential equations, and utilize these skills to learn to solve numerous real-world problems. Linear, Exponential, Parametric, Logarithmic and Trigonometric Functions will be investigated.

*AP Exam Registration Cost: \$100*

*Required Equipment:* TI-83, 83+, 84, or 84+(Recommended) calculator

**Math Lab** (Grade 9-10, semester; \*not for credit)

Students needing extra support in mathematics will receive additional help and instruction to support the work in their regular math course. This could include reviewing prior skills, additional practice of concepts, repeat instruction, etc.

# **SCIENCE DEPARTMENT**

## **Departmental Vision**

*Students will learn about God's creation. They will discover the wonder and beauty of the created universe and how humanity interacts with it, gaining an understanding of how they can be good stewards of God's creation.*

## **Graduation Requirements**

Three credits of Science are required for High School Graduation including two lab-based science. Most four-year colleges require at least two years of a lab-science at least one of which must also be algebra-based.

SCS Sciences meet the criteria as follows:

### Lab Science:

Biology

Anatomy & Physiology

### Algebra-based Lab Science:

Chemistry

AP Chemistry

Physics

AP Physics 1

## **Physical Science** (Grade 9-10)

This course supports students new to the high school sciences in building a stronger skill and content foundation. Skill-wise students would grow in observational, critical thinking, analytical, and problem-solving skills through practicing the scientific methods. Students would focus on the physical sciences: chemistry, physics, earth science, and astronomy.

## **Biology** (Grades 9-12)

*Prerequisite:* Algebra 1

Students study and interact with God's creation. Topics covered include cells, genetics, creation and evolution, ecology, bacteria and viruses, plants, animals, and the human body systems. Ethical issues are discussed that relate to one's own life and to those that work in the various fields of science.

## **Chemistry** (Grades 10-12)

*Prerequisite:* Algebra 1

*Possible Dual credit offered.*

Students will study matter, measurement, atomic structure, periodic trends, bonding, chemical reactions, formulas and quantities, stoichiometry, solutions, and more. Through lecture, labs, demonstrations, and other class activities, students will explore matter and energy in the world around them.

## **Anatomy & Physiology** (Grades 10-12)

*Prerequisite:* Biology

Students study the human body as designed by our Creator. Multiple organ systems are explored through the course, focusing on structure (anatomy) and function (physiology). Students evaluate how these body systems collaborate and influence each other to keep the human body functioning. Ethical issues are discussed that relate to one's own life, various fields of science/medical health, along with what it really means to be fearfully and wonderfully made.

**AP Chemistry** (Grades 11-12)

*Prerequisite:* AP Application required, Algebra 2 and Chemistry

*Possible Dual Credit offered.*

This AP Chemistry course is designed to be the equivalent of the general chemistry course usually taken during the first year of college. AP Chemistry is open to all students that have completed a year of general chemistry and who wish to take part in a rigorous and academically challenging course. The course includes a review of atomic theory, nomenclature, stoichiometry, chemical bonding (both intra- and intermolecular), aqueous solutions and chemical reactions. From there it proceeds to cover thermodynamics, equilibrium, electrochemistry, solutions, gases, acids and bases, and kinetics, either as new topics, or more in-depth than before. Finally, we will also cover topics such as nuclear chemistry, organic chemistry, and take a deeper look at the representative and transition elements. To develop the requisite intellectual and laboratory skills, students have a minimum of 25% of instructional time dedicated to lab activities.

*Additional summer work required. Once a week zero-hour lab sessions may be required during the school year.*

*AP Exam Registration Cost: \$100*

**Physics** (Grades 11-12)

*Prerequisite:* Currently enrolled in Algebra 2 or higher

Students will study and practice concepts of physics with an emphasis on concept application and problem solving.

**AP Physics 1 (Algebra-based)** (Grades 11-12)

*Prerequisite:* AP Application required, currently enrolled in Algebra 2 or higher and Physics

This is an algebra-based, introductory college-level physics course. Students cultivate their understanding of physics as they explore the following topics established by the College Board: kinematics, dynamics, circular motion and gravitation, energy, momentum, simple harmonic motion and torque and rotational motion.

*AP Exam Registration Cost: \$100*

# **FINE ARTS DEPARTMENT**

## **Departmental Vision**

*We celebrate the gifts and abilities given to us by our Heavenly Father.  
We encourage our students to develop their interests in the arts in  
order to engage and enrich their world and to bring glory to God.*

## **Graduation Requirements**

Two credits of Fine Arts are required for High School Graduation which includes courses in music, theater and visual arts.

## **Theater Arts I: Intro to Acting** (Grades 9-12, semester)

This is a course centered on studying a variety of theater arts. Theater Arts 1 is an introduction to acting (including improv, movement, combat, monologues, scenes, and film studies). Students must take this course before Role Development or auditioning for Play Production (unless otherwise suggested by the director).

## **Play Production** (Grades 9-12, semester)

*Prerequisite:* Theater Arts 1, Audition and cast in play

Students must audition for this course centered around producing a full-length play. This course is run as a professional theater environment. Cast members must commit to all after school rehearsals and performances.

## **Technical Theater** (Grades 9-12, semester)

*Prerequisite:* Teacher permission

Is for any student who is elected as head of the production staff (Production Stage Manager- PSM) or is elected as a stage manager or assistant stage manager will complete a variety of tasks to assist in the production of the play throughout the course of the semester such as assisting with rehearsal set up, assisting the director with any office work and logistics, call the show. When necessary the student will serve as the Set Designer, Props Master, Costumer/Dresser and/or Make-up Artist.

## **Vision (Men's Choir/Women's Choir/Additional Vocal Ensembles)** (Grades 9-12)

*Prerequisite:* Audition and/or teacher permission

This course will include vocal instruction for intermediate to advanced experience levels. Students will explore diverse choral literature, practice excellence in performance, and study intermediate music theory concepts. Students must commit to all events, concerts, and trips. VISION personnel will divide to become a separate men's choir and women's choir as well as some smaller ensembles, and also perform as a mixed choir of 16 for competitions.

*Additional Costs:* Approximately \$200 for the choir trip. Students are also expected to bring money or lunches to competitions and festivals for food breaks. Uniforms are between \$60 and \$100.

## **Music Appreciation and Application** (Grades 9-12, semester)

This course is a combination of music history, music theory, and general music applications. Students will study the origins of music from ancient through the modern era, they will study the music systems of western civilization so they understand its function,

and they will have the opportunity to demonstrate their knowledge and findings in a final project at the end of each semester or studying guitar, voice, or piano. This course fulfills a fine arts credit, and acts as a bridge to our performing arts and worship ensembles.

### **Secondary Strings** (Grades 9-12)

High School and advanced students will work on quartet concert repertoire including mastering the 3rd position, executing dynamics, and performing with correct phrasing. Beginning/intermediate students will work on general concert repertoire focusing on intonation, rhythms, counting, and listening/coordinating with other parts. During times where one group is rehearsing, the other group will work with their stand partner(s) on their assigned music. Concerts will include selections by each division as well as pieces performed by the group as a whole.

*Additional Costs:* Uniform – all black, provided by student. Method book (specified by director), instrument and accessories (some exceptions apply) to be provided by student.

### **High School Concert Band** (Grades 9-12, semester, full-year enrollment encouraged)

This course will focus on music appreciation and music performance. Through individual, small-group, and large-group instruction, students will learn and practice elements of technique and style on their selected instrument(s). They will develop their individual skill as well as their ability to contribute to a performance. Students will gain real-world performance experience as they participate in a variety of concerts, festivals, and performances.

*Additional Costs:* Uniform – all black dress clothing, provided by student. Instrument and accessories (some exceptions apply) to be provided by student. Band book and other materials provided by SCS. One festival may have an associated cost which would include at least one meal; other festival fees paid by SCS.

### **Jazz Band** (Grades 9-12, with some exceptions, full-year)

*Prerequisite:* Audition or teacher permission

Jazz band is an invitation-only, performance-oriented ensemble. The course will focus on music performance and technique within the Jazz genre, and appreciation of Jazz music and history. Through individual, small group, and large group instruction, students will learn and practice elements of technique and style on their selected instrument(s). They will develop their individual skill as well as their ability to contribute to group performance. Students will gain real-world performance experience as they participate in a variety of concerts, festivals, and performances. Students are encouraged to solo (improvised or written, or both) often in this class.

*Additional Costs:* Uniform – all black dress clothing, provided by student. Instrument and accessories (some exceptions apply) to be provided by student. Band book and other materials provided by SCS. One festival may have an associated cost which would include at least one meal; other festival fees paid by SCS.

## **VISUAL ARTS DEPARTMENT**

### **Art Survey** (Grades 9-12, Semester)

This course tackles all the art mediums that are explored more in depth in other individual art courses. This course is a great starting point for students who are new to art, but is also a great experience for students who can't get enough of art!

*Additional costs: Students are required to bring a spiral bound sketchbook.*

### **Drawing** (Grades 9-12, semester)

This course introduces students to basic drawing skills and techniques including mediums of charcoal, pencil, pen, and ink.

*Additional costs: Students required to bring a 100+ page spiral sketchbook*

### **Printmaking** (Grades 10-12, semester)

*Prerequisite: Art Survey and Drawing*

This course tackles various types of printmaking: a type of art technique that allows the artist to create multiple prints off of one prepared surface. Students will learn Collagraph, Monotype, linoleum, and Screen-printing While beginner friendly, art lovers of all grades may enjoy learning these new techniques.

### **Illustration** (Grades 10-12, semester)

*\*This course will not be offered in the 2022-2023 school year, but will be back in 2023-2024*

*Prerequisite: Art Survey and Drawing*

This course delves into the world of storytelling through drawn pictures. Students will learn a variety of illustration styles and utilize various mediums. This is a great course for students who enjoy telling stories or students who want to bring their drawing to life.

### **Photography** (Grades 10-12, semester)

*Prerequisite: Art Survey*

Students will explore the world of digital arts in taking and editing photos. In this course, students will learn about the importance of composition, color, and lighting, as well as how to fully utilize camera settings.

### **Painting** (Grades 10-12, semester)

*Prerequisite: Art Survey and Drawing*

Students will explore a variety of painting mediums and techniques including tempera, watercolor, and acrylic, while experiencing an introduction to art movements and styles.

*Additional costs: Students required to bring a 100+ page spiral sketchbook*

### **3D Art/Sculpture** (Grades 11-12, semester)

*Prerequisite: Art Survey and Drawing and one additional art electives*

Students will explore a variety of sculpturing from clay to found objects and to create large 3D artwork. This course is very hands on so students must be prepared to get messy!

**AP 2D Art & Design** (Grades 11-12, semester)

*Prerequisite:* Art Survey, Drawing and two previous art electives or teacher permission

In an AP Art and Design course, students develop the skills that artists and designers use, and create a portfolio of work that is assessed to produce their AP score. Students can focus their portfolio in painting, drawing, photography or a combination.

# **PHYSICAL EDUCATION DEPARTMENT**

## **Departmental Vision**

*The focus of the Physical Education department is for students to learn the importance of lifelong fitness within the context of a broader perspective of living in God's world. The emphasis in our program is development of the whole person and the concept that all the choices an individual makes has a direct impact on them now, as well as the future.*

## **Graduation Requirements (High School)**

Two full credits (four semester credits that are 0.5 a credit each) are required for high school graduation which includes one semester of health (0.5 credit). Health is typically completed in 9<sup>th</sup> grade. 1 credit (two semesters) must be completed through in-class participation in a high school Physical Education course. The other 0.5 credit may be earned by participating in a Seattle Christian high school interscholastic sports during any grade (9-12).

The .5 credit that may be earned by participation in a Seattle Christian high school after school interscholastic sports may also be satisfied by participation in after school interscholastic sports in other local high schools for sports not offered at Seattle Christian. In these cases, the student will submit a letter of completion from the Athletic Director of the local high school where the student participated, and the credit will be listed as P/F on the Seattle Christian transcript.

Clothing for Physical Education and Weights – shorts, shirt, sweats (optional) and athletic shoes. \*Seattle Christian dress code applies.

## **Physical Education (Grades 9-12, semester)**

Students will participate in a high activity, success-oriented model of physical education to help them learn how to have a Christ-centered view of lifetime fitness. This class will have two distinct themes that run throughout the semester. One half of the class will be dedicated to individual activities and games while the other will be dedicated to team sports and games. Various Fitness and Conditioning days will be used to separate units. Weather, equipment, semester, and space will determine which course of study begins the class.

## **Lifetime Fitness (Grades 9-12, semester)**

Students in this class will participate in intentional, fitness related activities designed to prepare them for engaging in lifetime fitness activities. Units and lessons may include Daily Warm Ups, Dynamic and Static Stretching, Dumbbell workouts, Circuits, and several others. Students will also have the opportunity to design, implement, and vary their own personal workouts.

## **Weights and Strength Training (Grades 10-12, semester)**

*Prerequisite:* Physical Education, Lifetime Fitness *or* teacher approval

In this class students will learn basic techniques of weightlifting and the importance of strength training to a balanced, healthy life. The vast majority of this class will take place in the weight room with emphasis on varied routines, safety and technique of lifts, creation of

own routine, and testing of progress. Some Anatomy and Physiology terminology will be used as well as understanding the muscle groups are being used.

**Health** (Grades 9-12, semester)

One semester of health is required for graduation. Students will study a variety of topics including decision making, goal setting, nutrition, substance abuse, diseases and disorders, safety, first aid, relationships and purity, and more. This course is designed to give you the tools you need to make healthy choices in all areas of your life.

## **CTE (Career & Technical Education)**

### **Graduation Requirements**

One CTE credit is required for High School Graduation.

### **Freshman Seminar** (Grade 9, semester)

9<sup>th</sup> grade students take this course designed to help students manage the academic rigor and social issues of high school. This course covers various study skills, organizational skills, and social-emotional development skills. It also helps students begin to think about high school within the context of their post-secondary interests and goals.

### **Senior Seminar** (Grade 12, semester)

Senior Seminar is designed to prepare and equip seniors for the next chapter of their lives. It focuses on spiritual maturity and connectedness, as well as practical life skills to launch students successfully into their post-secondary lives.

### **Yearbook** (Grades 10-12)

*Prerequisite:* Teacher approval

Students will work collaboratively to plan, design, and create the high school yearbook. In doing so, they will sharpen their design and photography skills. Students will use the basics of good writing and correct grammar for print and explore and practice basic elements of journalism. Emphasis is placed on effort, communication, and meeting deadlines.

*Additional Requirements:* Due to the nature of the yearbook class, there is work that must be completed outside the classroom on the student's own time.

### **Business and Entrepreneurship** (Grades 10-12, semester)

Entrepreneurs are innovators who develop new ideas and turn them into successful products or businesses. In this course, students will develop the skills needed to become one of these innovators, including: product development; market research; business planning; and basic concepts of management, finance, and marketing.

### **T.A.** (Grades 10-12, semester; *\*Pass/Fail*)

This course provides the opportunity for students to gain work experience and develop skills such as communication, organization and professionalism. Students will be assigned to a teacher or an office aid to do various tasks as needed.

### **Mentorship** (Grades 10-12)

*Prerequisite:* Application and teacher approval

This class is offered by application for juniors and seniors interested in supporting 9<sup>th</sup> graders and students new to SCS. Students in this class will work with new high school students – individually and in small groups – to ensure a smooth transition, to build relationships, and to act as a mentor. They will also work together to plan activities and events that foster community and belonging at SCS.

*Additional Requirements:* Due to the nature of the class, there is work that must be completed outside the classroom on the student's own time as well as an expectation to attend after school activities.

**Senior Store** (Grade 12, semester)

This course is for students desiring to work in the senior store, learning practical skills such as customer service, money counting, organization and more.

**Student Internship** (Grades 11-12, semester)

Earn CTE or elective credit as you practice hands-on skills in the workplace. There are a number of pre-designed internship experiences in a variety of fields. You also have the option to arrange an internship on your own if you have a specific field or organization in mind.

## **ELECTIVES**

### **Math Lab** (Grade 9-10, semester; \*not for credit)

Students needing extra support in mathematics will receive additional help and instruction to support the work in their regular math course including: reviewing prior skills, additional practice of concepts, support with current assignments, etc.

### **Writing Lab** (Grade 9-10, semester; \*not for credit)

Students needing extra support in language arts will receive additional help and instruction to support the work in their regular language arts course including: reviewing prior skills, additional practice of concepts, support with current assignments, etc.

### **Study Hall** (Grades 9-12, semester; \*not for credit)

Students will have the opportunity to work on homework in this course.